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I have been working as a clinical psychologist in Camhs for over 20 years, mostly in tiers 2/3. I have recently taken up a post in tier 4 and am interested to learn more about using CBT for children and young people in in-patient settings. I did my doctoral research on developmental constraints of using CBT with children and young people and looked at the use of stories as a vehicle for cognitive change.

I have been an active member of BABCP CAFSIG since its inception, most recently as the Branch Liaison Officer. I have just taken up the position of Chair and I am keen to see us focus on training, supervision and accreditation, as well as increasing membership and providing excellent CPD opportunities for people using CBT with children and young people in England, Scotland, Wales and Ireland.